

Whole Community Catechesis

1st Week in Lent

- 1. Listen to the word:** What do you hear in today's readings that encourages or challenges you?
- 2. Look into Your Life**
 - **Q4Children:** How do you show your love for God?
 - **Q4Youth and Adults:** What temptation threatens to damage you? How might you overcome it?

Parish

Travelling Solo lunch All who 'travel solo in life' (eg widowed, divorced, separated or 'just' single) are invited to join with others for lunch at a local pub after Sun 11am Mass. *Next lunch: TODAY!*

Book Club. The book for our next meeting is 10th of December. by George Saunders. Read the book and come to discuss. The Presbytery, 8pm, 20th April.

Scripture Group. The group continues its gentle reading of the *Acts of the Apostles*. New people always welcome. Next meeting is 8pm on Fri, 20th March in the Benedict Room — read Chapters 14 and 15 and just come along...

Mass Stipends Please note that Intentions have already been applied to all Masses up to the end of May. Details of intentions, and details of 'available' Masses after June 1st are on the parish website.

Parish Art Group - led by Tony Sawbridge and Geraldine Foster meets on the 1st and 3rd Tuesdays of the month. All welcome!! No previous experience necessary!!! Next meeting 3rd March.

Teas & Coffees after Sun am Masses.

Diocese

The Sower The (free!) Lent edition is available in the porch.

Please pray for Bishop-Elect David Oakley to be ordained bishop on Thurs 19 March 2020 at Northampton Cathedral.

All EU, EEA and Swiss citizens living in the UK are required by the government to apply through its Settlement Scheme to continue living, working and accessing services here. The deadline for applications is 30 June 2021. Details and links to the application process can be found at: gov.uk/eusettledstatus

The Catholic Church in England and Wales stands in solidarity with all European citizens who have made their homes here. They are a valued part of our parishes, schools and communities. Please bring this to the attention of friends, family members and fellow parishioners who may need to apply. Information on assistance for those who may have difficulty applying is available at: gov.uk/help-eu-settlement-scheme

Owning our Faith and Calling

An opportunity to deepen faith and build up community. Monthly small group meetings to reflect on Scripture, on the person and mission of Jesus Christ, and how they connect with our own experience and desires.

Part of the follow-up to the Groups meetings was encouragement to use the Jesus Prayer.

This is a prayer of humility which simply and directly draws us into deeper relationship with the Lord. As we begin this penitential season of Lent is helpful to know the prayer is one of those recommended by the Church as the act of contrition when we make our confession.

Lord Jesus, Son of God, have mercy on me a sinner.

The next meetings begin this week. Details are by the Lady Chapel. If you missed the first meeting, no worry - just come along...



Sacrament of the Sick

Time was, and it is a view which lingers long in some people's understanding, when the sacrament of the anointing of the sick was known as the Last Rites, and if you saw the priest coming to anoint you pretty much knew you were at your last hour!

But 50 years ago the Church recognised how far this practice was from what is intended by the Sacrament. The Sacrament is for the (seriously) ill, not

only for the dying. It is a Sacrament to be repeated as necessary to sustain us through the experience of such sickness and through the physical and mental disabilities that can come with old age.

If you are struggling with sickness then know you are welcome to our monthly service - next one is on Friday 6th March at 11am, followed by refreshments.

If you are others are too frail to attend Fr Allen is very happy to visit to celebrate the Sacrament with you at home.

Finance Support Manager needed for Archdiocese. £32-34K. (Full time, 35 hrs per week) Central Birmingham. www.birminghamdiocese.org.uk

Tabor House. Brum's permanent night shelter seeks volunteer helpers to assist with hospitality, mentoring and befriending. Detail on noticeboard of open event on 4 March to give more details.

Diocesan Pilgrimage to Lourdes 23 -29 May. Details in porch and at www.tangney-tours.com.

Other

2020 World Day of Prayer focussed on for Zimbabwe. Anglican church of Holy

Pray with Pope Francis

The Pope's prayer intention for March is that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

To find the Pope's other current prayer intentions please visit <http://www.apostleshipofprayer.org/>



St Nicholas Catholic Church, Boldmere

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Parish Blog: www.stnicholasboldmere.wordpress.com

Parish Priest: Fr Allen Morris **E-mail:** frallenmorris@gmail.com
Parish Safeguarding: Ann Foulds (0121 355 7892) and Mary Rose (0121 354 4730)
Our Parish is part of the Archdiocese of Birmingham: Registered Charity No. 234216

Coronavirus

To help keep everyone healthy and safe we are all asked to take extra care about maintaining good hygiene at Mass and parish gatherings

1. The best way of protecting us from spread is for everyone to use universal good hygiene, which will effectively disrupt spread of the virus:

- **Catch it** - sneeze into a tissue
- **Bin it** - bin the tissue
- **Kill it** - wash your hands with soap and water or alcohol hand gel

In addition do not touch your face unless you've washed your hands.

2. If you **have** cold or flu symptoms please

- Refrain from the physical sign of peace (simply say 'Peace be with you')
- Receive the host in your hand only and refrain from taking communion from the Chalice.

CAFOD Lent Family Fast Day has its 60th anniversary this Friday. FFD helps us reach out and support highly-skilled local experts around the world who help the poorest members of our global family. Please collect your Family Fast Day envelope *TODAY* and give what you can to help experts like Sister Consilia - a trained pharmacist who treats people in rural Zimbabwe - continue their vital work. **Do make a special effort to keep this day with your family and friends.**

Confession? Sacrament of Penance? Reconciliation?

We don't really seem to know what to call this Sacrament anymore. And over the past 50 years there have been many changes when and how we celebrate the Sacrament - so we may be confused as to what and why it is important for us.

It can be difficult to find opportunities to meet and talk about the Sacrament, and about the mercy of God more generally - and so to be better informed and better able to benefit from and share the gifts of God.

This Lent, this year there **IS** an opportunity - and it's here in the parish!

- **Sunday 8th March** Open meeting to explore questions and answers
- **The following three Sundays** at 5pm give an opportunity to continue the conversation as we consider the three great Gospels of healing and reconciliation that we hear on 3rd, 4th and 5th Sundays of Lent.
- Each meeting is at 5pm and is followed at 6pm with Exposition and Evening Prayer (you are welcome to the meeting or the prayer - or, of course, both!)

MASSES AND OTHER LITURGIES 1st Week of Lent				
Sa	29	First Sunday in Lent <i>Psalter Week 1</i>	1715 1800	Sacrament of Confession Joseph & Mary Enright RIP (Ord)
Su	1		0900 1100	Frank Kemp RIP (Redmond) For the parish
M	2		1000 1500	Tommy Carney RIP <i>Rosary for Vocations</i>
T	3		1000*	For World Peace
W	4		1000*	Bridget Broom RIP (Wilkinson)
Th	5			
F	6	CAFOD Family Fast Day	1000 1100 1900*	Mass w. St Nicholas school KS1- all welcome Exposition and Sacrament of the Sick Bridget Broom RD (Rhodes) w. Exposition and prayer for victims of abuse
Sa	7	Second Sunday in Lent <i>Psalter Week 2</i>	1715 1800	Sacrament of Confession Pauline Venables RD (Green)
Su	8		0900 1100 1800	Teresa RD: mother of Patricia Tumelty (D) For the parish <i>Exposition and Evening Prayer</i>

Scripture readings for Mass next Sunday

Gn 12:1-4a / Ps 33:4-5, 18-19, 20, 22 / 2 Tm 1:8b-10 / Mt 17:1-9

Morning/Evening Prayer 20 mins before weekday Masses, as indicated above *

Exposition: & Vespers See above for arrangements in Lent & **Rosary** Mon at 3pm

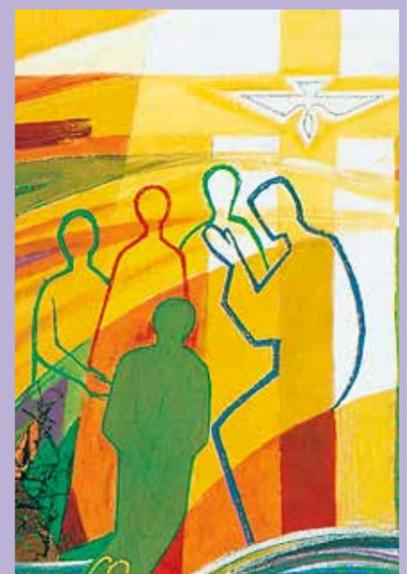
Reconciliation Sat. 1715-1740 and by arrangement.

Anointing of the Sick: 1st Friday at 11am and by arrangement.

Baptism, Matrimony, by arrangement.

Nourishing prayer at home: *Living Eucharist:* <https://livingeucharist.wordpress.com/> Also universalis.com or <https://pray-as-you-go.org/>

Please pray for sick parishioners including Betty Barker, Gerry Coyle; Lyn Hunt; Joan James; Thomas Stevenson; Lea Burke, Peggy Gallagher, Hazel Kemp. **Please pray** for Bob Perks whose funeral is on Tuesday 10th March at 11am, for Margaret Healy, John Banks, Madeline Perks, Margaret Farrell, Christopher Coxall and all whose anniversaries of death are at this time: **Eternal rest grant unto them, O Lord, may they rest in peace.**



Introductory Rites

Entrance Song

*Praise to you, O Christ, our saviour,
Word of the Father, calling us to life;
son of God who leads us to freedom;
glory to you, Lord Jesus Christ!*

You are the Word who calls us out of darkness;
you are the Word who leads us into light;
you are the Word who brings us through the desert:
glory to you, Lord Jesus Christ!

You are the one whom prophets hoped and longed for;
you are the one who speaks to us today;
you are the one who leads us to our future:
glory to you, Lord Jesus Christ!

You are the Word who calls us to be servants;
you are the Word whose only law is love;
you are the Word made flesh who lives among us:
glory to you, Lord Jesus Christ!

You are the Word who binds us and unites us;
you are the one who calls us to be one;
you are the Word who teaches us forgiveness:
glory to you, Lord Jesus Christ!

The Liturgy of the Word

Genesis 2:7-9, 3:1-7

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

Now the serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death."' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

Psalms 50(51):3-6, 12-14, 17 (sung by all)

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.

My offences truly I know them;
my sin is always before me
Against you, you alone, have I sinned;
what is evil in your sight I have done.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

Give me again the joy of your help;
with a spirit of fervour sustain me,
O Lord, open my lips
and my mouth shall declare your praise.

Romans 5:12-19

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift. The results of the gift also outweigh the results of one man's sin: for after one single fall came judgement with a verdict of condemnation, now after many falls comes grace with its verdict of acquittal. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

Gospel Acclamation

Glory and praise to you, O Christ. Man does not live on bread alone, but on every word that comes from the mouth of God. *Glory and praise to you, O Christ.*

Matthew 4:1-11

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says: *Man does not live on bread alone but on every word that comes from the mouth of God.*'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God' he said 'throw yourself down; for scripture says: *He will put you in his angels' charge, and they will support you on their hands in case you hurt your foot against a stone.*' Jesus said to him, 'Scripture also says: *You must not put the Lord your God to the test.*'

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these' he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says: *You must worship the Lord your God, and serve him alone.*'

Then the devil left him, and angels appeared and looked after him.

The Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including 'the Virgin Mary', all bow.

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand
of God the Father almighty;
from there he will come
to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Prayer of the Faithful

We pray to the Lord. Through our lives and by our prayers, Your kingdom come.

The Liturgy of the Eucharist

Offertory Song

He who would valiant be 'gainst all disaster,
Let him in constancy follow the Master.
There's no discouragement shall make him once relent
His first avowed intent to be a pilgrim.

Who so beset him round with dismal stories
Do but themselves confound—his strength the more is.
No foes shall stay his might; though he with giants
fight,
He will make good his right to be a pilgrim.

Since, Lord, thou dost defend us with Thy Spirit,
We know we at the end, shall life inherit.
Then fancies flee away! I'll fear not what men say,
I'll labour night and day to be a pilgrim.

The Eucharistic Prayer

Sanctus (cf 505a in Laudate)

Sanctus, Sanctus, Sanctus Dóminus Deus Sábaoth.
Pleni sunt cæli et terra glória tua.
Hosánna in excélsis.
Benedíctus qui venit in nómine Dómini.
Hosánna in excélsis.

Memorial Acclamation (cf 506 .1 in Laudate)

Mortem tuam annuntiámus, Dómine,
et tuam resurrectionem confitémur, donec vénias.

Communion Rite

Agnus Dei (cf 509 in Laudate)

Agnus Dei, qui tollis peccáta mundi: miserére nobis. x2
Agnus Dei, qui tollis peccáta mundi: dona nobis pacem.

Communion Song

Make me a channel of your peace.
Where there is hatred let me bring your love;
where there is injury your pardon, Lord;
and where there's doubt, true faith in you.

Make me a channel of your peace.
Where there's despair in life, let me bring hope;
where there is darkness only light;
and where there's sadness ever joy.

Oh Master, grant that I may never seek
so much to be consoled as to console,
to be understood as to understand,
to be loved as to love with all my soul.

Make me a channel of your peace.
It is in pardoning that we are pardoned;
In giving to our neighbour we receive;
and in dying that we're born to eternal life.

Concluding Rites

Ubi caritas et amor, ubi caritas, Deus ibi est
(Where there is charity and love, there is God.)

Lent is here... all change!

- Well, not all change, exactly but quite a lot. changes because we are now keeping Lent together.
- At St Nicholas we will use the Confiteor in the Penitential Act at the beginning of each Mass. It's been some time since we have used it regularly, so here is the text. Why not learn it off by heart - something helpful to do this Lent!

***I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done***

and in what I have failed to do,
And, striking our breast, we continue:

***through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.***

- We don't sing the Gloria during Lent, except on particular feast days
- We fast also from the *Alleluia*, and sing the responsory given on the Lent sheet.
- Each Lenten Mass ends with a Prayer over the People for our particular strengthening for the more faithful keeping of this season of prayer and penance.

Do you find that you would like a little help to better understand the pattern of the Mass, and the meaning of its parts? *A Beginners Guide to Praying the Mass* might offer just the help you need. Don't be put off by subtitle 'Explaining the Mass to young people of Communion age' (£2.50 in the Repository). It is not suited only to children, lots of adults have found it helpful too!!