Continued from page 1 ministries were done well.

But good singing and good ministry are not enough. You who are baptised have duties that are wrapped up in that kind of participation the Council called 'full,' 'conscious' and 'active.' When we consider the Sunday Liturgy at Our Lady of the Angels in 2000, we can form some working notions of each of those qualities.

'Full' participation brings us to the liturgy, body and soul, with all our might. It begins long before just one more thing on our 'must do' list. The people of Our Lady of the Angels let the time of liturgy be first. They do not just keep the time of Mass from disruptions; they give it room in their lives. They have some good habits: perhaps looking over the Scriptures, or fasting until Mass, or not distracting themselves in the early hours of Sunday. They come to Mass mindful of their responsibility -- to themselves, one another, and God. Because they want the priest, choir and lector to prepare, they know that they too must prepare to be good members of the assembly.

'Full' participation also means that a baptised person does not mentally weave in and out of the liturgy. Our duty is not just to be present; our duty is to be fully present. The songs are for singing, the Scriptures for listening, the silence for reflecting, the intercessions for pleading, the Eucharistic Prayer for immense thanksgiving, the Communion for every kind of hunger and thirst satisfied in partaking together of the Body and Blood of Christ, and the dismissal for going out to love the world the way God does.

In addition, our participation is to be 'conscious.' We must enter with great openness into the chant and song, the processions and gestures, the words and silences of the liturgy. 'Conscious' participation is opening every part of ourselves -- body, mind and spirit -- to what we do at the liturgy. We stand consciously and with attention. If we reach out our hands to the Body and Blood of Christ, we do so with grace, mindful of our hunger and the world's hunger, and of God's goodness.

Another way to be 'conscious' at the liturgy is to be aware of our Baptism. We come on the Lord's Day to the table of the Eucharist because we have been through the waters of Baptism. Because we died to our old selves and became alive in Christ, we gather on Sunday, not as isolated persons, but as the Church, with its diversity of cultures, languages, and races. This is difficult for those accustomed to think of themselves as autonomous individuals -- workers, taxpayers, citizens. But here, the liturgy is celebrated by the assembled Church.

Cultivate, then, your deep awareness that it is not so many individuals who are standing here singing, but the Church. It is not individuals who are

coming forward to the table, but the Church. It is not even individuals who are going forth to live by the Word they have listened to and the Body and Blood of Christ they have eaten and tasted. It is the Church going forth as a leaven in the midst of the world God loves. This is perhaps the most difficult part of the whole renewal.

'Active' is the third quality of the Baptised person's participation. Please do not see 'active' as the opposite of 'contemplative.' Some of our activity at liturgy is conthe liturgy in making sure that Sunday Mass is not templation. Part of the genius of the Roman Rite is that it presumes a beauty on which our spirits can feast. If we have too often seen 'active' as 'busy,' consider the liturgy at Our Lady of the Angels and see the wealth of silence, as well as the powerful reading of Scripture, and preaching and singing of psalms to engage our contemplation.

> 'Active' participation also calls us to attend to others, to a kind of presence. This is crucial to what Catholic liturgy is all about. Such attention to others has at least two manifestations.

> First, we are here not to make our own prayer while each other person in the church at the same time makes his or her own prayer. We are Baptised people standing with other Baptised people. Our thanksgiving is in the Church's thanksgiving. Our attention to God's Word is in the assembly's attention. Our intercession is in the Church's intercession. The mystery of our transfiguration in Christ is in the whole body of Baptised people transfigured. (CCC:1136-1141)

> To create solidarity, be attentive to where you take your place and set a good example. Go as close as possible to the Eucharistic table. Go to the middle of the pew and sit next to somebody and make room for others next to you. The Body of Christ has to be visible, audible, tangible. Pope John Paul II recently called for bishops to attend to the quality of the signs by which the liturgy takes place, and he stressed that 'the first sign is that of the assembly itself. . . Everyone's attitude counts, for the liturgical assembly is the first image the church gives.' (March 8 1997 Address to the French Bishops)

> Second, 'active' participation means the awareness that at liturgy, we never close out the larger world. The liturgy shows us Gospel living and how to be in the world. Catholic morality, how we deal in justice and charity day by day with great and small matters, is to be encountered and uncovered from our active participation in the liturgy.

> From Gather Faithfully Together: A Guide for Sunday Mass. Cardinal Roger Mahony, Archbishop of Los Angeles



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Parish Safeguarding: Mary Rose (0121 354 4730)

Our Parish is part of the Archdiocese of Birmingham: Registered Charity No. 234216

JUNE/JULY 2023: PARISH MASSES THIS WEEK				
Sa	24	6pm	12 th Sunday in Ordinary Time	Tommy Quinlisk RIP (Gill)
Su	25	9 _{am}		James and Marcella (McGrath)
		11am		For the parish
М	26			
T	27	10am		
w	28	10am	St Irenaeus	
W	28	7pm	SS Peter	
Th	29	10am	and Paul	
F	30	11am	Exposition &	Sacrament of Anointing of the Sick
		7pm		
Sa	1	6pm	13 th Sunday in Ordinary Time	Mary Callaghan RIP (Kenny)
Su	2	9 _{am}		For the parish
		11am		Bridget Small RIP (Devane)
_				

Anointing of the Sick: Next celebration is 30th June at 11am

Sacrament of Confession: Friday 18.30-18.55; 19.30 (after Mass), until 20.00; and Sat 5.30-5.45 — and by appointment

Please pray for those who are sick including Brenda Davies; David Cotton, Rita Rhodes, Stephen Burke; Lesley Devlin; Lyn Hunt; Joan James; Jean Lawlor; Joanne McShane & Teresa Monteiro. Please pray for Hugh Middleton, Brigid Pryor, Sheila Duckworth and all whose anniversaries are at this time.

RESOURCES FOR PRAYER.

- Parish prayer on Zoom (links on parish website homepage) Morning Prayer: Zoom meeting Monday to Saturday at 8.30am; **Lectio** Sunday at 4pm; **Rosary** Mon at 7pm.
- 2. Readings of the day and much more at Universalis.com

PARISH CAR PARK Free parking for one hour is available for anyone at anytime in our parish carpark. Automatic free parking permits are issued to cover parking on **Saturdays** between 5.30pm and 7.30pm; on Sundays between 8am and 2pm; on Mondays, Tuesdays, Wednesdays between 9.30am and 11.30am and Fridays between 6.30pm and 8.30pm. At other times, if on site for parish meetings and the like - to park for more than 1 hour, please scan the QR poster in the church or Benedict Room to extend your 'free' parking time.

First Communion and Confirmation

There is an introductory meeting at beginning of July for parents of children who will celebrate these sacraments in 2024. If you have not already received a letter about this, please see Fr Allen as soon as possible.

Children's Liturgy of the Word for children in Reception, Yr 1 and Yr 2 are warmly invited to take part in Sunday Liturgy of the Word during this term time. The next is on Sunday 9th July at 9am

RESPONDING TO THE CHALLENGE OF THE DIOCESAN VISION

In a recent Pastoral Letter Archbishop Bernard reminded us of his call to the Diocese:

- to come to church, to pray and to encounter Christ - to help form missionary disciples and parishes.
- to invigorate and deepen our worship and sacramental celebrations so that we share in and reflect the divine life of the Trinity

This week we conclude our reading of an influential letter from Cardinal Mahony, with some final reflections from him on how to move to the vision presented.

How might we continue to promote here at St Nicholas what the Church invites us to?

SUNDAY MASS, 2000 Part Six: Taking Leave

At Our Lady of the Angels this Sunday the announcements are a transition from the final quiet and peace of the Communion to the sending forth. The various activities of the week are announced, then all stand and the presider prays the blessing and the dismissal. (This) leads to much visiting and to the procession out. I mean the true procession of this Church: one, two, and five at a time going back to neighbourhoods and homes, roles and jobs, studies and waiting. But Sunday by Sunday the world is here being transformed in Christ!

And so ends Cardinal Mahony's description of how Mass might be most worthily celebrated by a parish community. What follows is from his further exhortation to all the faithful to take responsibility together for how we celebrate:

Your Right, Your Duty.

Come on Sunday knowing your dignity: in Baptism, you put on Christ. You are the Body of Christ.

Vatican II, in the Constitution on the Sacred Liturgy, said that 'full, conscious and active participation by all the faithful' was the 'right and the duty' of all the faithful because of their Baptism. (#14)

It has taken more than three decades for those profound insights to take hold. Most of us were satisfied to look for something less than what was intended: We were happy when a parish had good singing, and when lector and Communion

Continued on page 4

The Introductory Rites Opening Song

Do not be afraid, for I have redeemed you. I have called you by your name; you are mine.

When you walk through the waters, I'll be with you; you will never sink beneath the waves.

When the fire is burning all around you, you will never be consumed by the flames.

When the fear of loneliness is looming, then remember I am at your side.

When you dwell in the exile of a stranger, remember you are precious in my eyes.

You are mine, O my child, I am your Father, and I love you with a perfect love.

Gloria



We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. *Glory to God...*

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; You are seated at the right hand, of the Father, have mercy on us.

Glory to God...

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. *Glory to God...* Amen. Amen. Amen.

The Collect

The Liturgy of the Word Jeremiah 20:10-13

Jeremiah said: I hear so many disparaging me, "Terror from every side!" Denounce him! Let us denounce him! All those who used to be my friends watched for my downfall, 'Perhaps he will be seduced into error. Then we will master himand take our revenge!'

But the Lord is at my side, a mighty hero; my opponents will stumble, mastered, confounded by their failure; everlasting, unforgettable disgrace will be theirs.

But you, O Lord of Hosts, you who probe with justice, who scrutinise the loins and heart, let me see the vengeance you will take on them, for I have committed my cause to you.

Sing to the Lord, praise the Lord, for he has delivered the soul of the needy from the hands of evil men.

Psalm 68(69):8-10,14,17,33-35



ItisforyouthatIsuffertaunts, that shame covers my face, that I have become a stranger to my brothers,

an alien to my own mother's sons.

I burn with zeal for your house and taunts against you fall on me.

This is my prayer to you, my prayer for your favour. In your great love, answer me, O God,

with your help that never fails:

Lord, answer, for your love is kind; in your compassion, turn towards me.

The poor when they see it will be glad and God-seeking hearts will revive;

for the Lord listens to the needy

and does not spurn his servants in their chains. Let the heavens and the earth give him praise, the sea and all its living creatures.

Romans 5:12-15

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

Gospel Acclamation

Alleluia, alleluia! The Word was made flesh and lived among us:to all who did accept him he gave power to become children of God. Alleluia!

Matthew 10:26-33

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the housetops.

'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.

'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

Homily

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Prayer of the Faithful

All: Through our lives and by our prayers, your kingdom come.

The Liturgy of the Eucharist

The Offertory NB Our next collections for the Bethanv Food Bank are July 2nd and July 16th.

All that I am, all that I do,

all that I'll ever have, I offer now to you.

Take and sanctify these gifts for your honour, Lord. Knowing that I love and serve you is enough reward. All that I am, all that I do,

all that I'll ever have I offer now to you.

All that I dream, all that I pray,

all that I'll ever make, I give to you today.

Take and sanctify these gifts for your honour, Lord. Knowing that I love and serve you is enough reward. All that I am, all that I do,

all that I'll ever have I offer now to you.



The Communion Rite

Communion thanksgiving

Oh the word of my Lord, deep within my being. Oh the word of my Lord, you have filled my mind.

Before I formed you in the womb,
I knew you through and through.
I chose you to be mine.
Before you left your mother's side,
I called to you, my child, to be my sign.

And everywhere you are to go, my hand will follow you you will not be alone, in all the danger that you fear you'll find me very near, your words my own.

With all my strength you will be filled you will destroy and build, for that is my design.
You will create and overthrow, reap harvests I will sow - your word is mine.

Prayer after Communion

Concluding Rites

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Day for Life This year the Day for Life seeks to highlight the trauma caused by abortion. The theme is "Listen to Her". We are invited to listen to the voice and story of a young Catholic woman who was suffering after an abortion and found healing. Shockingly, responding to a recent tragic case, many commentators spoke of abortion simply as 'healthcare'. Your support of Day for Life today will help the Church speak compassionately but also with moral force

Pilgrimage: World Day for Grandparents and the Elderly, Walsingham A Celebration of the World Day for Grandparents and the Elderly will be held on Sun 23 July in Walsingham. Details in the porch.

Sacrament of the **Anointing** of the **Sick**

Our next parish celebration of this Sacrament —Jesus' gift through the Church to those who are seriously ill-will take place on Friday 30th June at 11am. This time of prayer offers support and encouragement to those who are burdened by serious sickness — physical or mental.

Weekday Social. The arrangments for a social after Mass on Wednesdays attracts very few people. From this week the social will be on Tuesday. All are welcome. Thank you to all the volunteers involved past, present and future.

SYNOD 2023 The working document for the forthcoming Synod is available on hte parish blog.